



**LOGOS**<sup>TM</sup>  
NUTRITIONALS

## Product Information Guide



**Burgstiner Wellness Protocol<sup>TM</sup>**



### Logos Satisfaction Guarantee

We back all of our products with an **unconditional satisfaction guarantee**.

If for any reason you are not satisfied, just return the unused portion within 90 days for a prompt refund.



To Our Valued Friends and Natural Health Seekers:

At Logos Nutritionals, we're dedicated to providing you with the most valuable and effective assembly of authentic natural medicines available today. The **Logos Pledge of Excellence** is the cornerstone of the Logos Nutritionals difference. It's a difference you'll notice -- one that will earn your trust and confidence from the very first time you try any one of our safe and effective nutritional solutions for your good health.



Logos is the manufacturer and worldwide distributor of the **Burgstiner Wellness Protocol**, the life changing legacy of nutrition pioneer Carson B. Burgstiner MD. These synergy based formulas overcome an imposing challenge for consumers; how to combine different supplements into a comprehensive nutritional support program without creating mineral or nutrient imbalances that can be harmful.

In addition to the **Burgstiner Wellness Protocol**, Logos offers an extensive line of extraordinary natural health products. From raw materials to finished products, the highest quality control standards are carefully maintained. We strive for nothing less than 100% customer satisfaction.

At Logos, we are confident our products can help you lead a better, longer, more active life. That's why our **Unconditional Satisfaction Guarantee** gives you ample time to discover it. And if it turns out not to be the right choice for you, simply return the unused portion within 90 days and we will promptly refund your entire purchase price (excluding S&H charges).

Our goal in every instance, whether through the wonderful and mysterious power of the Logos product line, or the loving care extended to customers by our staff, is to become an imperfect but determined vessel to "Bring Hope to Life".

We rejoice in the opportunity to serve you. Please let us know if we fail to exceed your expectations.

Yours in Good Health,

*John M. Burgstiner*

John M. Burgstiner  
President  
Logos Nutritionals, LLC

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"I have experienced energy and endurance like I have not seen for years! My wife and I have researched herbal remedies and believe that herbs were created by God to keep people healthy. However, it is difficult to determine what you need and when you need it. I totally and sincerely believe that Logos has created the perfect blend."  
Rob S.

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# The Burgstiner Wellness Protocol™

## The Key To Total Body Health

Walk into a health food store and you are confronted with an overwhelming sea of supplements and a vast amount of information, some of which is conflicting and most of which is contradictory to so-called modern medicine. How do you know what is really needed for your body and in what amounts? To whom can you turn to find a well balanced and comprehensive program of nutritional support that addresses the vital needs of all of the major body systems?

In 1996, nutritional pioneer Carson B. Burgstiner, MD formulated a ground breaking supplement called **Complete Thymic Formula™ (CTF)** that was designed to restore integrity to compromised immunity. The dramatic world-wide impact of **CTF** was immediate, but Dr. Burgstiner knew he could further improve his results by adding other critical nutrients to address the full range of metabolic health. Armed with a vast knowledge of human physiology and nutrition, he set out to produce the ultimate wellness protocol.

Dr. Burgstiner's untimely death in 1997 could have allowed his research to be forgotten, but his son John was determined to carry forward the legacy begun by his father. He has painstakingly developed the potent family of innovative supplements that his father envisioned to focus on supporting foundational human health pathways.

The **Burgstiner Wellness Protocol** is a comprehensive nutritional support program designed to strengthen natural defenses, restore organ systems and revitalize cellular health. It is a legacy of faith, obedience and a distinguished thirty-eight year medical career devoted to preventive medicine and the study of nutrition. Enthusiastic supporters from all over the world are praising Dr. Burgstiner for transforming their health while eliminating the guesswork from their supplement program.

**Together the six products that make up the Burgstiner Wellness Protocol form the backbone of a revolutionary natural health program that is designed to:**

- Restore integrity to the immune system.
- Enhance the absorption and assimilation of nutrients.
- Promote the elimination of wastes and toxins.
- Reduce inflammation, the primary destructive force in the body.



Carson Burgstiner MD

Built around the synergy of our Creator's design, each product in the **Burgstiner Wellness Protocol** enhances the effects of the others, forming a comprehensive wellness strategy and a powerful deterrent to chronic illness. The tremendous success of Dr. Burgstiner's medical career gives testimony to the truth that the health of the body is a direct reflection of the health of each cell. This protocol is the inspired manifestation of his philosophy of medicine: **"If you maintain normal physiology you, can prevent pathology and disease."**

For product details, turn the page (See page 6 for Convenient Trial/Travel Packs).

I have tried many different drugs and remedies in the past to no avail. As far as I am concerned, the **Burgstiner Wellness Protocol** is the cure for all disease! Not only is it the foundation of the regimen that has freed me from the scourge of Morgellons, my doctor is amazed to see that the Psoriasis that has plagued me for thirty years is gone! Thank you Logos for continuing with Dr. Burgstiner's legacy, and may God bless your efforts to help others like me."

Mel Friedman, Reno Nevada

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# The Burgstiner Wellness Protocol™

## Dr. Burgstiner's Original Complete Thymic Formula™



Available in 120 and 180 count Bottles

**Complete Thymic Formula** offers the body a comprehensive and wholesome foundation of food based nutritional support while making available factors that are known to nourish and balance immune function. This ultimate wellness formula combines holistic nutrient support with glandular therapy for the thymus, the master gland of immunity.

Supporting the thymus gland nourishes and strengthens the body's natural defense system by influencing the number and specific function of T-cells. Hormones secreted by the thymus gland play a central role in immune regulation. They are responsible for imparting the memory component to immune cells, enabling them to recognize and destroy viruses and harmful microbes. Lower thymic hormone levels in the blood are associated with depressed immunity and are typical of the elderly, individuals with chronic infections, auto-immune disorders, cancer and AIDS patients.

Supplement Facts		
Serving size: 6 Capsules		
Amount Per Serving		%Daily Value
Vitamin A (beta-carotene)	5000 IU	100%
Vitamin C (as ascorbic acid)	1000 mg	1467%
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha-tocopheryl succinate)	400 IU	1533%
Vitamin B-1 (as thiamine mononitrate)	85 mg	5667%
Vitamin B-2 (as riboflavin)	25 mg	147%
Biotin	50 mg	250%
Vitamin B-6 (as pyridoxine hcl)	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Parthenic Acid (m)	50 mg	500%
Calcium (as carbonate)	100 mg	11%
Iodine (from seaweed)	100 mcg	100%
Magnesium	25 mg	25%
Zinc (as picolinate)	40 mg	300%
Copper	2 mg	125%
Manganese	2 mg	250%
Chromium	2 mcg	40%
Potassium	25 mg	50%
Boron	3 mg	30%
Hesperidin	100 mg	100%
Resveratrol	25 mg	25%
Citrus	100 mg	100%
Choline	100 mg	100%
Betaine	100 mg	100%
Octacosanol	100 mg	100%
PABA (para-aminobenzoic acid)	100 mg	100%
Fluon	100 mg	100%
Tryptan (1.75%)	100 mg	100%
Bromelain (1600 GDU)	100 mg	100%
Flavin (DL USP)	40 mg	40%
Blue Flag Extract	250 mg	250%
Cat's Claw (herb powder)	84 mg	84%
Astragalus (70% extract)	155 mg	155%
Raw Thymus (freeze-dried concentrate)	1200 mg	1200%
Raw Spleen (freeze-dried concentrate)	260 mg	260%
Raw Lymph (freeze-dried concentrate)	130 mg	130%
Raw Pulmonary (freeze-dried concentrate)	20 mg	20%
Raw Bone Marrow (freeze-dried concentrate)	130 mg	130%
L-Lysine (L-lysine hydrochloride)	525 mg	525%
Amino Acid Complex	25 mg	25%
Black Pepper (powder)	12.6 mg	12.6%

\*Daily Value not established.

**Other ingredients:** Lactin, cellulose, croscarmellose sodium, magnesium stearate, stearic acid, silicon dioxide, whey granular, alfalfa, RNA/DNA, waterres, glutamic acid, apple pectin, and acidophilus.

**ALLERGEN WARNING:** CONTAINS SOY AND WHEAT (Gluten Free)



## MagnifiCal™



A revolutionary mineral and herbal complex, **MagnifiCal** is designed to provide multi-dimensional support for the body. In addition to providing magnesium and other nutrients that are critical to healthy muscle function (including our most important muscle, the heart), **MagnifiCal** provides outstanding support for strong bones and teeth. Most importantly, **MagnifiCal** contains nutrients that are known to support the transport and utilization of calcium out of the soft tissues and back into the bone where it belongs.

**MagnifiCal** has been specially developed with natural source minerals in their most concentrated and highly absorbed forms to provide the body with easy access to the critical nutrients necessary for bone growth and repair.

Supplement Facts		
Serving Size 3 Capsules		
Amount Per Serving		%Daily Value
Vitamin D-3	588 IU	147%
Vitamin K-1 (phytanadione)	21 mcg	26%
Vitamin K-2 (menaquinone 7)	31.5 mcg	39%
Vitamin B-6 (pyridoxine hcl)	63 mg	3150%
Magnesium (citrate / oxide / malate)	441 mg	110%
Iodine (potassium iodide)	77 mcg	51%
Zinc (amino acid chelate)	21 mg	140%
Boron (amino acid chelate)	3 mg	*
Strontium (citrate)	63 mg	*
Horsetail Extract (8% silica)	105 mg	*
Bromelain (2400 GDU)	147 mg	*
Betaine HCL	63 mg	*
Bioperine® (98% piperine)	10.5 mg	*

\*Daily Value not established.

**Other ingredients:** Hydroxypropyl methylcellulose, cellulose, magnesium stearate and silicon dioxide.

## Essential Flora™



**Essential Flora** was developed to help maintain healthy levels of beneficial bacteria in the intestinal tract, further improving digestion and strengthening the very foundation of immunity.

**Essential Flora** is the most potent and advanced probiotic supplement now available. It contains fifteen different strains of the most effective and well-researched beneficial microorganisms needed by the human body. Resident and transient strains of compatible flora are stabilized and perfectly blended in natural proportion (unlike other broad-spectrum formulas) to produce a uniquely powerful immune system supplement. While most "High Potency" probiotic products contain only 1 to 5 billion viable cells per capsule, **Essential Flora** offers 15 BILLION active cultures per vegetable cap - guaranteed through the expiration date!

Supplement Facts		
Serving Size: 1 Veggie Capsule		
Amount Per Serving		%Daily Value
Proprietary Blend	500mg	*
Lactobacillus rhamnosus		
Bifidobacterium bifidum		
Lactobacillus acidophilus		
Bifidobacterium infantis		
Bifidobacterium longum		
Streptococcus thermophilus		
Lactobacillus plantarum		
Lactobacillus salivarius		
Lactobacillus casei		
Lactobacillus bulgaricus		
Lactobacillus acidophilus DDS-1		
Lactobacillus sporogenes		
Lactobacillus paracasei		
Lactobacillus brevis		
Bifidobacterium lactis		

\*%Daily Value has not been established.

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# The Key to Total Body Health

## Essential Digestion™

**Essential Digestion** is an acid stable blend of plant based enzymes, herbs and other nutrients, that is formulated as a general digestive aid to enhance absorption and assimilation of vital nutrients. It is designed to boost depleted enzyme levels in the body, restoring the efficiency of the digestive process and reducing inflammation, the primary source of many degenerative disease symptoms.

Digestive enzymes are the “sparks of life” that enable us to turn food into energy. From the moment food enters the mouth enzymes begin working to break it down into fuel particles. Enzymes also play a critical and diverse role in cellular metabolism. It is no secret that the foods we eat today are not exactly what our Creator intended. In the name of profit, fruits and vegetables that are grown in nutrient-poor soil are sprayed, processed and preserved for a longer shelf life. Cooking further destroys the natural enzymes present in food. This “enzyme deficit” places a toxic burden on the body that accelerates with age, robbing us of energy and vitality.



Available in 60 and 90 count Bottles

### Supplement Facts

Serving Size: 1 Veggie Capsule  
Servings Per Container: 60

Amount Per Serving	%Daily Value
Proprietary Blend	259 mg *
Lipase	625 FCCLU *
Papain (sulfite free)	1,000,000 FCCPU *
Bromelain	500,000 FCCPU *
Fibrzyme	125 MU *
(Hemicellulase, Betagluconase, Phytase)	
Protease	2400 HUT *
Amylase	50 DU *
Ginger Rhizome Extract	
FOS	
L-Glutamine	
Betaine HCl	
Fennel Seed	

\*Daily Value not established.

Other ingredients: Rice bran, vegetable cellulose, and purified water.

This product is free of yeast, corn, wheat, lactose, citrus, milk, egg, soy, gluten, and fish products. No sugar, salt, artificial coloring, flavoring or preservatives added. Ingredients derived from natural sources.

### Supplement Facts

Serving Size 2 Tablets

Amount Per Serving	
Alpha Lipoic Acid	175 mg *
Phosphatidyl Choline	96 mg *
Inositol	35 mg *
Milk Thistle (seed/80% silymarin)	300 mg *
Turmeric (90% curcuminoids)	140 mg *
Dandelion Root (4:1 extract)	126 mg *
Artichoke Leaf Extract	98 mg *
Schizandra (10:1 extract)	49 mg *
Blumeaurum (4:1 extract)	42 mg *

Proprietary Blend 210 mg\*  
Consisting of: Dessicated Liver Extract, Andrographis Paniculata 4:1 Extract, Picrorhiza Kurroa Extract, Phyllanthus Amarus Extract, and Bioperine Black Pepper Extract.

\*Daily Value not established.

Other ingredients: Cellulose, dicalcium phosphate, croscarmellose sodium, magnesium stearate, stearic acid, HPMC, titanium dioxide, yellow oxide and black oxide.

## Liver CS Plus™

A synergistic blend of herbs and nutrients, **Liver CS Plus** was designed to cleanse and support the liver and other digestive organs, helping to promote detoxification pathways in the body. No other liver formulation available combines the ancient knowledge of traditional, Chinese and Ayurvedic liver herbs together with the unique restorative power of liver glandular extract.

**Liver CS Plus** is further enhanced with select lipotropic factors that are known to nourish the liver and dramatically enhance the absorption of vital nutrients.



### Supplement Facts

Serving size: 1 Softgel

Amount Per Serving	%Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2%
Polyunsaturated Fat	0.5 g *
Vitamin E (as di-Alpha Tocopherol)	10 IU 33%
GLA (conjugated linoleic acid 70% from safflower oil)	300 mg *
GLA (gamma linoleic acid from borage seed oil)	250 mg *
ALA (alpha linoleic acid from flax seed oil)	150 mg *
EPA (Eicosapentaenoic Acid / fish oil)	125 mg *
DHA (Docosahexaenoic Acid / fish oil)	100 mg *
Omega-3-6-9 Blend (from fish oil and borage seed oil)	75 mg *

\*Daily Value not established.

Ingredients: Safflower oil, cold expeller pressed borage oil, flaxseed oil, gelatin, glycerin and purified water.

- Molecularly Distilled
- Deep Sea Cold Water Fish Oil
- PCB and Mercury Free

ALLERGEN WARNING: CONTAINS FISH (FISH OIL)  
Contains No Sugar, No Starch, No Yeast, No Artificial Colors, Flavors or Preservatives.

## Essential Omegas™

**Essential Omegas** is a state of the art blend of omega 3, 6 and 9 fatty acids from cold expeller-pressed flax, borage and safflower oils and deep sea, cold water molecularly distilled fish oil. This cutting edge formulation is a balanced blend of essential nutritional fats that are critical to life, from maintaining cell structural integrity to cellular communication and energy production.

Omega fatty acids such as DHA, ALA, EPA and GLA greatly reduce inflammation in the body by moderating the release of inflammatory cytokines. Omegas benefit cardiovascular health by helping to reduce cholesterol levels and by inhibiting the formation of atherosclerotic plaque. They also naturally thin the blood by reducing platelet aggregation (clumping together of red blood cells).



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# About the **Burgstiner Wellness Protocol Seal**

The **Burgstiner Wellness Protocol** seal represents the joining together of modern science with the healing potential present in all of God's creation. We are grateful for the divine wisdom and discernment afforded to us through His grace.



*"All men are like grass. All of their glory is like the flowers of the field. The grass withers and the flowers fall, but the word of the Lord stands forever." 1 Peter 1:24*

## Convenient Trial/Travel Protocol Packets



The entire **Burgstiner Wellness Protocol** is now available in convenient trial packets that dramatically lower your cost to experience the immediate impact of these amazing products. Each box contains 14 single dose packets (a one week supply) that make it easy to quickly begin the process of transforming your health and quality of life.

The packets are great for people on the go, whether they are traveling or simply can't seem to find the time to organize their bottles and consistently take their supplements. Getting all the nutrients your body needs to thrive just doesn't get any easier than this!

## The Miracle That Birthed a Legacy – Dr. Burgstiner's Complete Thymic Formula™

**Dr. Burgstiner's Original Complete Thymic Formula** is a broad-spectrum multivitamin designed to strengthen and balance immunity. It combines comprehensive nutrition with herbal and glandular factors to form a solid and wholesome foundation of nutritional support.

There are many ways to influence immune function, but none as foundational as glandular therapy for the thymus (the master gland of immunity). Not only does it provide gland-specific nutrients, but glandular therapy appears to make available vital information encoded in the RNA and DNA of the glandular materials that simply cannot be transmitted in any other way.

Add to that in a single delivery system the whole food based vitamins, minerals, antioxidants and other nutrients that serve to activate cellular metabolism, and you have a supplement with the potential to profoundly impact the quality of human life!

Since 1996, countless lives have been transformed as a result of taking **Complete Thymic Formula**.

Will yours be the next?

### Supplement Facts

Serving size: 6 Captabs

Amount Per Serving		%Daily Value
Vitamin A (beta-carotene)	5000 IU	100%
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-Alpha tocopheryl succinate)	460 IU	1533%
Vitamin B-1 (as thiamine mononitrate)	85 mg	5667%
Vitamin B-2 (as riboflavin)	25 mg	1471%
Niacinamide (as niacinamide granular)	50 mg	250%
Vitamin B-6 (as pyridoxine hcl)	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	50 mg	500%
Calcium (as carbonate)	150 mg	15%
Iodine (from kelp)	150 mcg	100%
Magnesium (as gluconate)	100 mg	25%
Zinc (as proteinate / gluconate)	45 mg	300%
Selenium (as proteinate)	165 mcg	236%
Copper (as proteinate / gluconate)	2.5 mg	125%
Manganese (as gluconate)	5 mg	250%
Chromium (as Chromax Picolinate)	50 mcg	42%
Potassium (as gluconate)	50 mg	1%
Boron (as glycinate / aspartate)	1 mg	*
Hesperdine Complex	5 mg	*
Inositol (powder)	250 mg	*
Citrus Bioflavonoids	25 mg	*
Choline (bitartrate)	100 mg	*
Betaine Hydrochloride	25 mg	*
Octacosanol	375 mcg	*
PABA (para-Aminobenzoic Acid)	25 mg	*
Rutin	25 mg	*
Trypsin (1:75 / 75M U/G)	50 mg	*
Bromelain (1600 GDU)	100 mg	*
Papain (2M USP U/MG)	40 mg	*
Blue Flag Extract	260 mg	*
Cat's Claw (herb powder)	84 mg	*
Astragalus (70% extract)	168 mg	*
Raw Thymus (freeze-dried concentrate)	1200 mg	*
Raw Spleen (freeze-dried concentrate)	260 mg	*
Raw Lymph (freeze-dried concentrate)	130 mg	*
Raw Pituitary (freeze-dried concentrate)	20 mg	*
Raw Bone Marrow (freeze-dried concentrate)	130 mg	*
L-Lysine (L-lysine hydrochloride)	525 mg	*
Amino Acid Complex	25 mg	*
Black Pepper (powder)	12.6 mg	*

\*Daily Value not established.

**Other ingredients:** Lecithin, cellulose, croscarmellose sodium, magnesium stearate, stearic acid, silicon dioxide, whey granular, alfalfa, RNA/DNA, watercress, glutamic acid, apple pectin, and acidophilus.

**ALLERGEN WARNING:** CONTAINS SOY AND WHEAT (Gluten Free)

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## About the Company Name

A Greek philosopher named Heraclitus first used the term **Logos** around 600 B.C. to designate the divine reason or "life force" which coordinates a changing universe. The New Testament author of the Gospel of John also recognized the **Logos** or "Word" (John 1:1-6) to be both the source of all creation and the eternal maintainer of the cosmos. John further identified Jesus Christ as the incarnation of the **Logos** (John 1:14), the source of all truth, wisdom and healing, and the Hope of mankind.



*"Some became fools through their rebellious ways and suffered affliction because of their iniquities. He sent forth His Word and healed them; He rescued them from their destructions." - Psalm 107:17, 20 (NIV)*



## Convenient Combo Packs

Our nutritional formulas are designed to complement one another. In fact, they work best when taken together! Take advantage of their synergy by combining commonly grouped products.

**ANTI-AGING** - CTF + MagnifiCal + Essential Flora + Ubinol + Nitro Complex + Whey Pro.

**CARDIAC** - Essential Omegas + Cholest Essentials + MagnifiCal + Ubinol CoQ10.

**WOMEN'S** - Eve's Harmony + CTF + MagnifiCal + Essential Omegas.

**IMMUNE** - CTF+ Essential Floras + Liver C/S Plus + Sleep Advance.

**MEN'S** - Adam's Vitality + Complete Thymic Formula + MagnifiCal + Essential Omegas.

**Cardiac Combo**

**WEIGHT LOSS** - MagnifiCleanse + MagnifiThin + Complete Digestion + Essential Omegas.

**DIGESTIVE** - Essential Digestion + Essential Floras + Liver C/S Plus + L-Glutamine.



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# OTHER FOUNDATIONAL HEALTH PRODUCTS

Welcome to the **Logos Nutritionals Natural Product Formulary**. These natural medicines are the embodiment of man's accumulated knowledge of how to best support optimal health. The astute health seeker will note that many of these formulas have multiple applications; this is a testament to their utility across foundational health pathways.

## Adam's Vitality™



**Adams Vitality** is a revolutionary new men's health supplement that provides comprehensive, high potency nutritional support for life-long prostate health as well as healthy urinary and sexual function. It contains herbal extracts that have been scientifically proven to nullify the effects of 5-alpha reductase and aromatase, enzymes that have been associated with the decline in male performance. There simply is not a more comprehensive or effective prostate health formula available today!

Supplement Facts		
Serving Size 3 Capsules		
Amount Per Serving		% Daily Value
Vitamin E (d-Alpha tocopheryl acetate)	30 IU	100%
Vitamin B6 (pyridoxine hydrochloride)	5 mg	250%
Zinc (picolinate)	50 mg	333%
Copper (gluconate)	750 mcg	38%
Selenium (amino acid chelate)	200 mcg	286%
Saw Palmetto (40-45% extract)	300 mg	-
Beta-Sitosterol	450 mg	-
Pygeum Africanum (herb powder)	150 mg	-
Red Raspberry (juice extract)	75 mg	-
Graviola (herb powder)	75 mg	-
Green Tea (50% extract)	75 mg	-
Cat's Claw (herb powder)	45 mg	-
Broccoli (4:1 extract)	30 mg	-
Lycopene	15 mg	-
Stinging Nettle (herb powder)	30 mg	-
Maitake Mushroom	15 mg	-
Reishi Mushroom 4:1 Extract	15 mg	-
Shiitake Mushroom	15 mg	-
Proprietary Blend	213 mg	-
Consisting of: Quercetin Dihydrate, Juniper Berry Powder, Uva Ursi Powder, Buchu Leaf Powder, Glutamic Acid, L-Alanine, L-Glycine, Calcium D-Glucarate, Pumpkin Seed Powder, Burdock Root Powder, Cayenne Pepper Powder, Goldenseal Powder, Gravel Root Powder, Marshmallow Root Powder, and Parsley Leaf Powder.		

\*%Daily Value not established.  
**Other ingredients:** Gelatin, magnesium stearate, stearic acid and microcrystalline cellulose.  
**ALLERGEN WARNING:** CONTAINS SOY (BETA-SITOSTEROL)

## Cholest Essentials™



Designed to lower total cholesterol and support healthy fat metabolism, **Cholest Essentials** contains some of the most well studied natural herbs and nutrients that are known to safely normalize blood lipid levels without the dangerous side effects of statin drugs. No-flush niacinamide, garlic, cayenne and policosanol have long been prized for their cholesterol lowering effects. More recent studies indicate that plant sterols and guggul sterones may also hold significant promise in reducing risk of heart disease by lowering cholesterol, triglycerides, and inflammation.

Supplement Facts		
Serving Size 2 Capsules		
Amount Per Serving		%Daily Value
Niacin (as niacinamide)	50 mg	250%
Policosanol	10 mg	*
Guggulipid (2.5% guggulsterones)	100 mg	*
Plant Sterol Complex	200 mg	*
Cayenne (herb powder)	50 mg	*
Garlic (herb powder)	50 mg	*

\*%Daily Value not established.  
**Other ingredients:** Gelatin, rice flour, vegetable stearate and silicon dioxide.  
**ALLERGEN WARNING:** CONTAINS SOY (PLANT STEROLS).  
 Free of sugar, starch, yeast, salt, wheat, corn or milk. No preservatives, artificial colors or flavors added.

## Complete Digestion™



**Complete Digestion** is an acid stable blend of plant based enzymes that is formulated as a general digestive aid to enhance absorption and assimilation of vital nutrients. It is designed to boost depleted enzyme levels in the body, restoring the efficiency of the digestive process and reducing inflammation, the primary source of many degenerative disease symptoms.

Supplement Facts		
Serving Size 1 Capsule		
Amount Per Serving		
Protease 1	20,000 HUT	*
Protease 2	4,000 HUT	*
Acid Stable Protease	100 SAPU	*
Amylase	5,000 DU	*
Lipase	1,250 FIP	*
Cellulase	500 CU	*
Glucosylase	50 AGU	*
Invertase	10 SU	*
Catalase	50 BU	*
AGS α-Galactosidase	50 Galu	*
Beta-Glucanase	65 BGU	*
Paclinase	1,500 Ajdu	*
Xylanase	125 Xu	*
Phylase	10 Pu	*
Hemicellulase	750 Hcu	*
Lactase	500 ALU	*
Bromelain	500,000 PU	*
Papain	500,000 PU	*

\*%Daily Value not established.  
**Other ingredients:** Vegetable cellulose, stearic acid and microcrystalline cellulose.



Supplement Facts	
Serving Size 1 Soft Gelatin Capsule	
Amount Per Serving	
Ubiquinol (Kaneka QU <sup>™</sup> reduced form of CoQ10)	50 mg *
*Daily Value not established.	
<b>Other Ingredients:</b> Safflower oil, gelatin, glycerin, beeswax, lecithin, water, polyglycerol fatty acid ester, and caramel color.	
<b>ALLERGEN WARNING: CONTAINS SOY</b> (Lecithin)	
Free of sugar, starch, yeast, salt, wheat, corn or milk. No preservatives, artificial colors or flavors added.	
Kaneka QU <sup>™</sup> is a trademark of Kaneka Corp.	

### Ubinol CoQ10<sup>™</sup>

CoQ10 neutralizes free radicals and is the rate limiting enzyme for cellular ATP production (the fuel that runs cellular energy processes). However, not only is CoQ10 very poorly absorbed, in order for the body to put ubiquinone to work, it must be converted to its fully reduced form called ubiquinol. Researchers in Japan found that ubiquinol is up to eight times more effective in achieving equivalent serum CoQ10 levels. Each gelcap of **Ubinol CoQ10** contains 50 mg of pure high absorption ubiquinol that is ready to energize your cells and revitalize your metabolism.



Supplement Facts		
Serving Size 2 Capsules		
Amount Per Serving		%Daily Value
Soy Isoflavones	30 mg*	
Black Cohosh (2.5% extract)	160 mg*	
Dong Quai (1% extract)	150 mg*	
Licorice (1% extract)	150 mg*	
Vitex Berry (herb powder)	100 mg*	
Red Clover (1% extract)	400 mg*	
Sage Extract	200 mg*	
False Unicorn (herb powder)	50 mg*	
Squaw Vine (herb powder)	20 mg*	
Blessed Thistle (herb powder)	50 mg*	
Red Raspberry Extract	50 mg*	
Mexican Wild Yam (10% extract)	75 mg*	
*%Daily Value not established.		
<b>Other Ingredients:</b> Gelatin, magnesium stearate, stearic acid and microcrystalline cellulose.		
<b>ALLERGEN WARNING: CONTAINS SOY</b> (ISOFLAVONES).		

### Eve's Harmony<sup>™</sup>

**Eve's Harmony** is an astounding new women's health formula designed to relieve common symptoms associated with perimenopause, menopause, PMS and hormonal imbalances. It contains a comprehensive blend of the foremost hormone balancing herbs and nutrients available today.



Supplement Facts		
Serving Size 2 Tablets		
Amount Per Serving		%Daily Value
Vitamin A (acetate)	100 IU	2%
Vitamin C (as ascorbic acid)	1 mg	2%
Vitamin E (as d-Alpha tocopheryl acetate)	1 IU	3%
Vitamin B-1 (thiamine hcl)	1 mg	67%
Vitamin B-2 (riboflavin)	1 mg	59%
Niacinamide	1 mg	5%
Vitamin B-6 (as pyridoxine hcl)	1 mg	50%
Vitamin B-12 (cyanocobalamin)	10 mcg	167%
Manganese (sulfate)	320 mcg	16%
Zinc (amino acid chelate)	200 mcg	1%
Selenium (amino acid chelate)	20 mcg	29%
Copper (amino acid chelate)	100 mcg	5%
Chromium (amino acid chelate)	20 mcg	17%
Glucosamine Sulfate	500 mg	**
Chondroitin Sulfate	400 mg	**
Shark Cartilage	750 mg	**
New Zealand Green Lipped Sea Mussel	250 mg	**
MSM (methylsulfonylmethane)	250 mg	**
L-Histidine	10 mg	**
Boron (amino acid chelate)	1 mg	**
Alfalfa Powder	25 mg	**
Yucca Extract (29% saponins)	1 mg	**
Devil's Claw (powder)	1 mg	**
Cetyl Myristoleate	1 mg	**
*Daily Value not established.		

### Joint Marvel<sup>™</sup>

Perhaps the most comprehensive joint support formulation ever produced, **Joint Marvel** contains a synergistic blend of the most effective and well researched joint support ingredients in the world. Glucosamine sulfate, chondroitin sulfate, and MSM have been combined to reduce inflammation and encourage rejuvenation of joint tissue, but we also added the lubricating anti-inflammatory effects of shark cartilage and New Zealand Green Lipped Sea Mussels. The result is a cutting edge joint support formula that is without equal!



Supplement Facts	
Serving Size 1 Packet (12 Capsules)	
Servings Per Container 21	
Amount Per Serving	
Psyllium Husks	4200 mg **
Flaxseed Oil	2000 mg **
Cape Aloe (herb powder)	800 mg **
Black Walnut (herb powder)	500 mg **
Cascara Sagrada (herb powder)	900 mg **
Spirulina	250 mg **
Senna Leaves (herb powder)	100 mg **
Fennel Seed (herb powder)	100 mg **
African Bird Pepper (herb powder)	40 mg **
Proprietary Blend	250 mg **
*Consisting of: Garlic Powder, Red Clover Powder, Ferugreek Powder, Quassia Wood Powder, Black Cohosh Powder, Red Sage Powder, Goldenrod Powder and Gum Arabic Powder.	
**Daily Value not established.	
<b>Other Ingredients:</b> Gelatin, magnesium stearate, and stearic acid.	
<b>ALLERGEN WARNING: CONTAINS TREE NUTS</b> (BLACK WALNUT)	

### MagnifiCleanse<sup>™</sup>

**MagnifiCleanse** is the best and most comprehensive 7 Day Cleanse program available anywhere! Loaded with 4200 mg of high quality fiber, it offers a health protecting dose of flaxseed oil and a cutting edge blend of proven internal cleansing herbs such as aloe, black walnut and cascara sagrada. Spirulina boosts cleaning power while helping to remove heavy metals and detoxify the blood. Senna, Fennel and African Bird Pepper were included to help promote elimination of wastes.



**“Your Quality of Life is Directly Proportional to the Quality of Your Daily Choices.”**



**MagnifiThin™** combines the latest and most effective ingredients to help curb your appetite and fuel your metabolism. Designed to help support healthy weight management when used as part of a regular diet and exercise program, **MagnifiThin** contains antioxidant properties that may help protect the body from free radical damage. In addition to the reliable thermogenic support of fucoxanthin, green tea and pomegranate extracts, **MagnifiThin** adds the time tested appetite suppressing qualities of Certified South African Hoodia Gordonii. Safe and effective!

Supplement Facts	
Serving Size 1 Capsule	
Amount Per Serving	
Fucoxanthin (from Brown Seaweed)	5 mg *
Proprietary Blend	283 mg *
Consisting of Green Tea Extract (providing 18 milligrams of naturally-occurring caffeine), Certified South African Hoodia Gordonii Cactus (powder) and Pomegranate Extract (providing 5 milligrams of Ellagic Acid).	
*Daily Value not established.	

**Other Ingredients:** Gelatin, cellulose, magnesium stearate, silicon dioxide and stearic acid.  
 Free of sugar, starch, yeast, salt, wheat, corn or milk, No preservatives, artificial colors or flavors added.  
**KEEP THIS AND ALL OTHER DIETARY SUPPLEMENTS OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER BOTTLE CAP IS MISSING OR BROKEN. STORE IN A COOL, DRY PLACE.**



**MagniFlora Seven™** is a broad spectrum probiotic that was developed to help maintain healthy levels of beneficial bacteria in the intestinal tract, improving digestion, reducing inflammation and strengthening the very foundation of immunity.

**MagniFlora Seven** delivers seven different strains (5 billion live cells per capsule guaranteed) of the most effective and well-researched beneficial microorganisms known to man. These friendly flora play a major role in our health, aiding digestion, manufacturing energy-producing B vitamins and keeping harmful bacteria in check.

Supplement Facts	
Serving Size 1 Capsule	
Amount Per Serving	
Probiotic Bacteria	5.06 Billion * Organisms**
Bacillus Subtilis	1.32 Billion *
L. Rhamnosus	680 Million *
L. Casei	680 Million *
B. Longum	680 Million *
L. Acidophilus	680 Million *
L. Plantarum	340 Million *
B. Breve	680 Million *
*% Daily Value not established.	

**Other ingredients:** Vegetable cellulose, magnesium stearate and stearic acid.  
**ALLERGEN WARNING:** Contains Milk (lactose fermentation process).  
 \*\*Potency at time of manufacture. These probiotic strains are temperature and acid stable. Refrigeration is not required, but recommended.



**Parabolish™** There are many herbal medicines that are effective at safely destroying parasites - garlic, goldenseal, barberry, Oregon grape, black walnut hulls, wormwood, quassia, cloves, orange peel, grapefruit seed extract, rosemary, thyme, oregano, or marshmallow to name a few.

**Parabolish** is a blend of herbs and natural compounds that help cleanse parasites that enter the body by ingestion, inhalation, or the skin. Formulated to be taken in harmony with your normal daily activity, **Parabolish** is a natural cleanse for parasites that supports bowel health.

Supplement Facts	
Serving Size 1 Capsule	
Amount Per Serving	
Zinc (amino acid chelate)	5 mg 33%
Proprietary Blend	712.5mg *
Consisting of: Cranberry (11% extract), Garlic Extract (1.2% alicin), Apple Pectin Powder, Black Walnut Hull Powder, Carrot Juice Powder, Papaya Fruit Powder, Pau D'Arco Powder, Wood Betony Powder, Butterbur Bark Powder, Cloves Powder, Wormwood Powder, Oregon Grape Root (10:1 extract), Blueberry Leaf (22% extract), Golden Thread (20% extract), Goldenrod (5% extract) and Echinacea Angustifolia Powder.	
*Daily Value not established.	

**Other ingredients:** Gelatin, magnesium stearate, rice flour, and stearic acid.  
**ALLERGEN WARNING: CONTAINS TREE NUTS (black walnut) 47246-47246-60**



**Sleep Advance™** The most advanced sleep formulation available today, **Sleep Advance™** combines the proven performance of melatonin with magnesium, nature's miracle muscle relaxer, as well as a proprietary blend of long trusted herbs for promoting sleep: hops, passion flower, chamomile, and just the right amount of valerian. The result is restful sleep and no hangover! Getting enough quality sleep is critical to maintaining your optimum weight, and lack of sleep deprives your body of vital maintenance that compromises energy and natural resistance levels.

Supplement Facts	
Serving Size: 1 Capsule	
Amount Per Serving	%Daily Value
Vitamin B-6 (as pyridoxine hcl)	5 mg 25%
Magnesium (gluconate)	60 mg 15%
Melatonin	3 mg *
Proprietary Blend	325 mg *
Consisting of: Hops Flower Powder, Passion Flower Powder, Chamomile Flower Powder, Valerian Root Powder	
*Daily Value not established.	

**Other ingredients:** Gelatin, dicalcium phosphata, silicon dioxide and magnesium stearate.

[www.LogosNutritionals.com](http://www.LogosNutritionals.com)

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# SPORTS NUTRITION & ANTI-AGING PRODUCTS

Although these products are prized for enhancing endurance and athletic performance and recovery, they are established anti-aging supplements and potent natural medicines in their own right... which is why Logos offers them.

## L-Glutamine™

**L-glutamine** levels have been found to be decreased in endurance athletes who train too often and at high intensity. Athletes with a strenuous training schedule may be able to reduce the risk of infections by supplementing with glutamine. Logos offers it as a sports nutrition supplement, but it is involved with more metabolic processes than any other amino acid. For example, glutamine is one of the three amino acids involved in glutathione synthesis. Glutathione is the body's most useful intracellular antioxidant and liver detoxifier. Glutamine can be converted by the body to glucose when it needs more energy.



### Supplement Facts

Serving Size: 1 Tablet	
Amount Per Serving	%Daily Value
L-Glutamine	1000mg. *
*Daily Value not established.	

**Other ingredients:** Magnesium stearate, stearic acid, and microcrystalline cellulose.

This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, fish and crustacean shellfish.

## Nitro Complex™

**Nitro Complex** contains arginine and ornithine, amino acids that serve as precursors to fuel HGH (Human Growth Hormone) production and increase nitric oxide levels in the blood. Improved HGH levels are associated with faster athletic recovery times, increased muscle mass, enhanced immunity and improved sexual performance.



### Supplement Facts

Serving Size 3 Tablets	
Amount Per Serving	
A-AKG (arginine alpha-ketoglutarate)	2985mg *
A-KIC (arginine ketoisocaproate)	15mg *
OKG (ornithine alpha-ketoglutarate)	75mg *
GKG (glutamine alpha-ketoglutarate)	75mg *
*Daily Value not established.	

**Other ingredients:** Magnesium stearate and stearic acid.

This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

Since nitric oxide dilates blood vessels, it may help lower blood pressure and is often credited with gains in stamina with anaerobic workouts. Increased blood flow helps to better oxygenate tissues, as well as to enhance the cellular exchange of nutrients and wastes.

## Whey Pro Isolate™

**Whey Pro Isolate** is unsurpassed as a clean and pure source of the essential amino acids required in the daily diet. Whey protein provides a number of health benefits in areas including sports nutrition, weight management, immune support, bone health, and general wellness. Whey protein is a soluble, easy to digest protein and is efficiently absorbed into the body.



Logos **Whey Pro Isolate** is designed to help fuel body metabolism and increase fat burning potential. Because it enhances glutathione levels, it also stimulates immunity and enhances detoxification pathways.

Nutrition Facts			
Serving Size 1 scoop (30g)			
Servings Per Container 14			
Amounts Per Serving			
Calories 110	Calories from Fat 0		
%Daily Value*			
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g	0%		
Cholesterol 0mg	0%		
Sodium 150mg	6%		
Potassium 300mg	11%		
Total Carbohydrate 1g	<1%		
Dietary Fiber 0g	0%		
Sugars 0g			
Protein 20g			
Vitamin A Less Than 1%	Vitamin C Less Than 1%		
Calcium 4%	Iron Less Than 1%		
*Percent Daily Values are based on a diet of 2,000 calories. Your daily value may be higher or lower depending on your calorie needs.			
Calories 2000 2500			
Total Fat	Less Than	80g	80g
Total Fat	Less Than	30g	30g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg
Total Carbohydrates	Less Than	300g	370g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9	Carbohydrate 4	Protein 4	
<b>INGREDIENTS:</b> Whey Protein Isolate, Natural and Artificial Flavors, Xanthan Gum, Stevia and Soy Lecithin.			
<b>ALLERGEN WARNING: CONTAINS MILK (WHEY) AND SOY (LECITHIN)</b>			

Available in 420 and 840 gram cannisters

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## What Satisfied Logos Customers are Saying

"I just want everyone to know how pleased, excited and thankful I am to have found Dr. Burgstiner's **Complete Thymic Formula**...I know it is by the grace of my creator that I was shown the way to what I was looking for and now I can help others. The doctor I have now is astonished. Life is good. Thanks Burgstiners for carrying on your father's legacy!" --Kathleen R.

I am 48 years old now and feel better than I did when I was in my thirties. I feel like I have my life back. I praise God for leading me to Logos Nutritionals. **Eve's Harmony** and your **Burgstiner Wellness Protocol** products were His answers to my prayers."--Jeanne M.- Grayson, GA

"**Sleep Advance** is the best! Since taking this product, I've actually been able to fall asleep quickly and sleep soundly for the first time in years. And no groggy feeling in the morning. I love this product!!!!"-- Meghan Davis - Columbus GA

"In my 26 years of practice I have yet to come across a multi-vitamin multi-mineral supplement that directly impacts the immune system like **Complete Thymic Formula** does. There simply is nothing on the market that is comparable." --Dr. Philip Princetta - Los Angeles, CA

"At 74 these products have helped and prevented me from a lot of age related maladies. I'm just enjoying life, no aches, no pains. The **Burgstiner Wellness Protocol** is wonderful!"-- Earl R.

"I have Hepatitis C (Genotype1-B) and now feel like a new person! I took the **Essential Flora** and **Essential Digestion** and the "bloating" and very uncomfortable feeling of being full lessened with 12 hours. The diarrhea is gone!!! Unbelievable!!! This stuff really works!!!!"--Larry D.

"Praise the Lord and thank Jesus that I found you. I have never felt better in my life."--Roger G.

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