



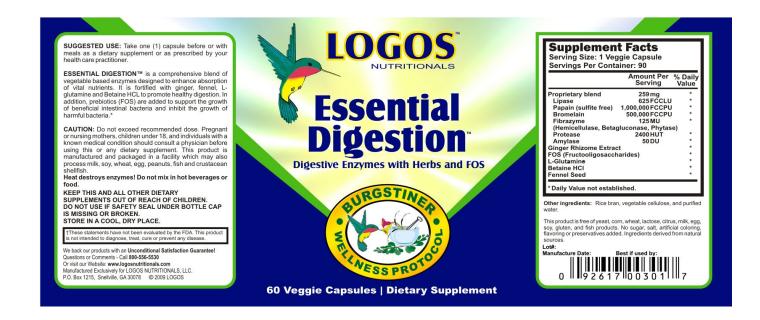
Essential Digestion™ Product Specifications

Essential Digestion is designed to boost depleted enzyme levels in the body, restoring the efficiency of the digestive process and reducing inflammation, the primary source of many degenerative disease symptoms. A cornerstone of the **Burgstiner Wellness Protocol™**, **Essential Digestion** is an acid stable blend of plant based enzymes, herbs and other nutrients that is formulated as a general digestive aid to enhance absorption and assimilation of vital nutrients.

Digestive enzymes are the "sparks of life" that enable us to turn food into energy. From the moment food enters the mouth enzymes begin working to break it down into fuel particles. Enzymes also play a critical and diverse role in cellular metabolism. It is no secret that the foods we eat today are not exactly what our Creator intended. In the name of profit, fruits and vegetables that are grown in nutrient-poor soil are sprayed, processed and preserved for a longer shelf life. Cooking further destroys the natural enzymes present in food, producing a strain on the body's enzyme reserves. This "enzyme deficit" places a toxic burden on the body that accelerates with age, robbing us of energy and vitality.

Currently it is estimated that 58% of the American population suffers from some type of digestive disorder. Many degenerative health problems (such as allergies, food sensitivities and auto-immune disorders) are thought to begin in the gut with incomplete or inadequate digestion.

Taking **Essential Digestion** is a simple and effective way to improve digestion and avoid the problems associated with enzyme depletion.



The products and the claims made herein have not been evaluated by the FDA and are not intended to diagnose, treat, cure or prevent disease. The information provided is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional.

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