

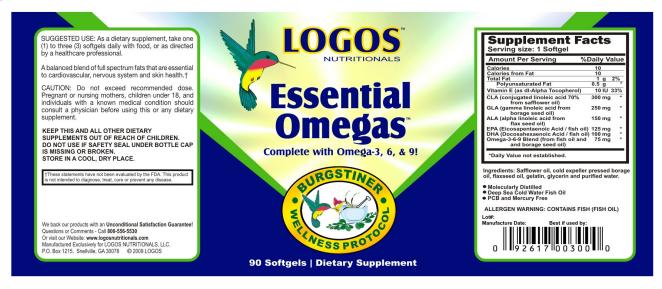


Essential Omegas™ Product Specifications

A cornerstone of the **Burgstiner Wellness ProtocolTM**, **Essential OmegasTM** is a state of the art blend of omega 3, 6 and 9 fatty acids from cold expeller-pressed flax and borage oils and molecularly distilled fish oil. This cutting edge formulation is a balanced blend of essential nutritional fats that are critical to life, from maintaining cellular communication and structural integrity to energy production. Omega fats such as DHA, ALA, EPA and GLA greatly reduce inflammation in the body by moderating the release of inflammatory cytokines. Omegas are said to benefit cardiovascular health by helping to normalize cholesterol levels and by inhibiting the formation of atherosclerotic plaque. They also naturally thin the blood by reducing platelet aggregation (clumping together of red blood cells). Often referred to as "brain food", omega three fats such as DHA and EPA are quite literally the primary building blocks of brain tissue.

CLA is another essential fat thought to promote healthy immune system function and normalize cholesterol levels, and is associated with reducing body fat and increasing muscle mass in overweight people. CLA is isolated from safflower oil, and is said to be prized by many for its cancer fighting properties.

Without adequate omega three fat levels in our body, healthy skin, joints, heart and brain function are impossible, yet the standard American diet is drastically lacking in these nutrients. In fact, the ratio of omega three to omega six fats in our diet is said to have skyrocketed in modern times from an ideal one to one ratio to as much as one to twenty! Increasing rates of degenerative disease, cancer, premature aging and death are the result. Taking **Essential Omegas** is a safe, effective and convenient way to reverse the deadly omega 3/6 ratio that is so prevalent in the western diet.



The products and the claims made herein have not been evaluated by the FDA and are not intended to diagnose, treat, cure or prevent disease. The information provided is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional.